

MENU

You'll enjoy 3 meals a day. A hearty breakfast with tea, coffee and juice, followed by a 2-course lunch all home made on site; and to end the evening, supper along with cakes, biscuits and chocolate eclairs. Tea, Coffee and drinks are provided throughout the day. Below is our week 1 menu as an example.

BREAKFAST



Porridge, Cereal, Toast with Jam and Marmalade, Full Welsh Cooked breakfast.

LUNCH



Chicken and Mushroom Curry with Veg, Cottage Pie with Greens, Battered Fish, Mushy Peas and Chips, Faggots with Mash Potato, Peas and Gravy, Chicken in Black Bean Sauce with Rice, Jacket Potatoes with Filling, Gammon with mashed potato, Parsley sauce and Peas

Beef and Ale Pie with chips, Creamy garlic chicken pasta, Chilli Con Carne with Rice
Chicken casserole with Mash, Sunday Roast Dinner with all the trimmings

DESSERTS



Bread and butter pudding with custard, Apple Crumble and Custard, Fruit Salad, Banoffee Pie, 'School' cake and custard, Trifle, Fruit and Cream